



TOGETHER, WE DO DRIVE THE FUTURE

UND College of Nursing & Professional Disciplines



OUR VISION

To prepare future leaders, advance human wellbeing and improve quality of life for diverse populations through interprofessional education, research and service. interprofessional education, research and service. and service.



TAKE A TOUR
See what the
Clinical Resource &
Simulation Center
has to offer.

UND COLLEGE OF NURSING & PROFESSIONAL DISCIPLINES SNAPSHOT

Distinguishing Factors

Nursing

- · Nurse Anesthesia program graduated its first Doctor of Nursing class in August 2021.
- · All graduates have successfully passed their National Certification Examination.
- Over the past 4 years, UND's undergraduate NCLEX first-time pass rate has stood at 94%.
- · Houses the only PhD in Nursing and Nurse Anesthesia programs in N.D.
- UND students consistently perform above the national average on the NCLEX with recent classes passing at 100%.
- Recruitment & Retention of American Indians into Nursing (RAIN) program celebrates a 30-year history of success.

Social Work

- Houses the Children & Family Services Training Center, the primary training agency for child welfare services in N.D.
- Offers the only Social Work masters degree in the state which also received a #1 ranking in 2018 by Best College Reviews.
- Graduate and undergraduate degrees in social work are accredited by the Council on Social Work Education.

Nutrition & Dietetics

- · Every student who applied in 2021 received a scholarship.
- Offers a newly-established Health & Wellness Coaching Certificate program for graduate students from any discipline. Involves 40 hours of live and online training.
- The online, part-time Master's in Nutrition program has grown, admitting students from all over the nation.

UND COLLEGE OF NURSING & PROFESSIONAL DISCIPLINES BY THE NUMBERS

OUR STUDENTS

876

UNDERGRAD STUDENTS

300

AMERICAN INDIAN NURSING GRADUATES SUPPORTED BY RAIN SINCE 1990 645

GRADUATE STUDENTS

OUR COLLEGE

\$16.5M

IN CURRENT RESEARCH & GRANT PROJECTS

111

YEARS UND HAS BEEN EDUCATING NURSES

3

DEPARTMENTS

120

FACULTY MEMBERS 9

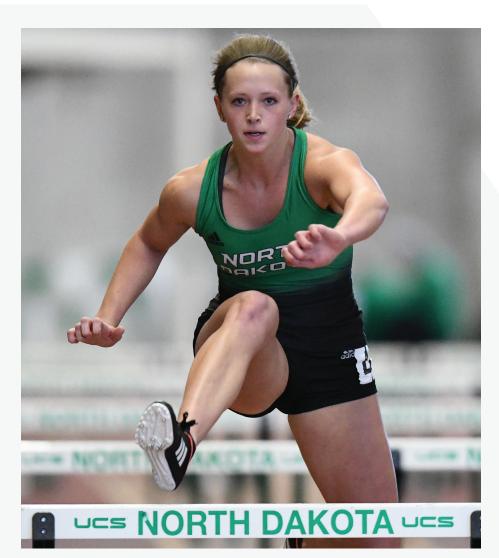
DEGREE PROGRAMS

OUR SCHOLARSHIPS

\$747,178

IN SCHOLARSHIPS AWARDED TO **385** CNPD STUDENTS IN THE 20/21 ACADEMIC YEAR \$157,945

OF THAT TOTAL WAS RAISED BY UNDAAF



STUDENT SCHOLARSHIPS

Supporting students like Erica is a necessity. By creating more scholarships, our future leaders have more opportunities to advance in their education and careers.

INSPIRE THE FUTURE

Back on track.

WHETHER IT'S ON THE TRACK or in the

classroom, UND senior Erica Benson isn't discouraged by challenges; she's motivated by them. As a full-time nursing major and student-athlete, she's had to master the skill of time management and resiliency.

Erica grew up in Grand Forks before moving to Mankato, Minnesota, her 8th grade year. After four years had passed, it was time for her to make the decision of where to attend college. It was a no-brainer for Erica; her close ties to UND would bring her back home. She was attracted to UND's highly accredited nursing program and was also recruited to the track & field team to compete in the pentathlon, heptathlon and high jump. She currently holds the school record for

the heptathlon and is in her final year studying to become a neonatal nurse.

When the COVID-19 pandemic struck the United States, her world shook. She found herself unable to work in addition to her busy schedule as a student-athlete, leaving her with an overwhelming feeling of anxiety and uncertainty. She even felt tempted to quit what she was most passionate about – becoming a nurse and competing in track & field. In March of 2020, Erica applied for the UND Angel Fund scholarship, a program that provides financial assistance for students facing hardship due to the pandemic.

When Erica received news that she awarded the funds, a huge weight was lifted off her shoulders and she felt immediate relief. "I was so happy and felt so special. With not being able to work during this time, it was a huge blessing to me," Erica said.

Erica is back on track, pursuing her passions both in the classroom and as a competitor. "I'm very passionate about my goals. I could have quit when I was afraid, but I still have so many goals to reach, and I'm not done until I fulfill those goals. I hope my donors know that they've inspired me to help students later in life when I can," Erica said.

FACULTY FOCUSED

Learn more about supporting standout faculty like Dr. Bodensteiner.

Scan with your phone's camera app

EMPOWER THE FUTURE

A new motivation.



ANNE BODENSTEINER, Ph.D., RDN, LRD, '07, '17, is Assistant Clinical Professor and Graduate Program Director of the Department of Nutrition and Dietetics in the College of Nursing & Professional Disciplines (CNPD). With professional experience in nutrition and dietetics prior to become faculty at UND, Dr. Bodensteiner has been quick to adapt to changes in her field, like the rising focus on genetics.

"Specialized nutrition recommendations based on nutrigenomics and nutrigenetics is just exploding. I think it's going to continue to build, and it wasn't a thing when I was in school," Bodensteiner said. She teaches on the close link between biological factors and food's effect on the mind and body.

Nutrition & Dietetics graduate students aren't the only ones interested in Dr. Bodensteiner's courses on emerging topics and specialized studies.

Medical students, nursing, pre-med and kinesiology majors alike are benefitting from the curriculum that she refines every semester in response to student feedback.

As a certified health coach,
Bodensteiner has used an evidencebased approach with clients called
motivational interviewing. "It's about
helping people develop their own
plans and goals to better their health
versus following a strict diet or specific
plan from a nutrition professional,"
she explained.

This year Bodensteiner has incorporated her experience with motivational interviewing into a Health & Wellness Coaching Certificate she's developed at CNPD. Students from any discipline who want to add credentials to their portfolio can earn this certificate by taking three courses requiring 40 hours of live training and additional online training.

Although the certificate is in high demand across the country, it's not easy to develop. Support from the college, its dean and external connections are helping to make it happen. Dr. Bodensteiner plans to use it as a recruitment tool for UND's Department of Nutrition & Dietetics.

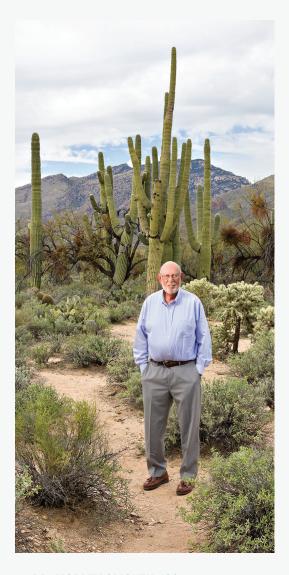
"We've had potential students reach

out and say, 'If you get this approved, I will come to UND for my master's degree,'" she said.

While there are no current endowed positions at CNPD, Bodensteiner sees the potential an endowed position could have on efforts like these, namely, to support follow-up research that can measure the effects of the certificate program and the role of the health coach.

"Qualitative research is one of the things that I'm very interested in developing in the department," Dr. Bodensteiner said. "It gets at the story, at the reasons behind decisions – things you can't attach a number to but that unveil the root of the issue."





DR. MORLEY GLICKEN, '63, has had a long career in social work and academia and is a published author of over 20 books, many of them about mental health and evidence-based practice. He is a native of Grand Forks and holds advanced degrees from the University of Washington and Utah. He now lives in Tucson, Arizona.

As a student, Morley benefitted from a scholarship, which helped him pay for his UND education. Morley has contributed to the UND Angel Fund and the Open Door Scholarship to help students through the pandemic. Below is his appeal for others to do the same.

INVEST IN THE FUTURE

Why I give.

Like most of us, my summer plans for 2020 were derailed. The impact of the virus gave me time to think about what's important. My family and friends, but also America's great institutions and organizations: Our religious institutions, our medical personnel and hospitals, our public and private social welfare systems, our educational systems, and most of all, our universities.

I'm from Grand Forks. My father was a blue-collar worker for the Great Northern Railroad. Me too. I wanted to go to university because universities were the way working-class people moved up the ladder. My memory is that in the late 1950s, for \$60 a semester, you could get a degree at UND.

I received two master's degrees and a doctorate at other universities. I always felt that UND gave me mental toughness and optimism that many of my classmates from universities didn't have.

You can no longer go for \$60 a semester. As our economy was disrupted, young adults, the base of any university, are struggling. Jobs that once fueled the economy and helped pay their tuition are disappearing. Temporarily, we hope.

UND matters to me. It taught me to think critically. It opened my eyes to racism and discrimination. It solidified my conviction that hard work would get me where I wanted to go. And it gave me the confidence to be prepared for the rigors of academia as a student and a professor.

Charitable giving is personal. UND gave me a great education and a ticket to a successful life. Let's strive to help UND continue to do that for future generations. If UND's president can give a portion of his salary to the Open Door Scholarship, so can we. Please help our students do great things. They are the future.

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OPPORTUNITIES FOR IMPACT

STUDENT SCHOLARSHIPS

\$25,000 +

Endowed Scholarship

\$250,000 +

Leadership Scholarship

FACULTY ENDOWMENTS

\$500,000Endowed Fellowship

\$1 million

Endowed Professorship

\$2.5 million

Endowed Chair

COLLEGE SUPPORT

\$100,000+

Simulation Mannequin

\$1 million

Simulation Suite

GIFTS CAN BE MADE IN FIVE-YEAR PLEDGES.

ENDOWMENT BASICS

Endowments can be created with gifts of cash, securities and other assets. They can be established through one-time gifts, estate gifts and multi-year pledges. Although the minimum amount required to create an endowment fund is \$25,000, larger amounts are recommended or required for certain purposes. Gifts at these levels may offer donors naming opportunities.

UNDalumni.org/cnpd



"Financially, it's been tough to pay for college. I even thought about taking a gap year to save up. This scholarship is going to help in so many different ways; I can't even begin to express how grateful I am to receive it. This is going to help me finish my degree."

CARSON PAGNAC, '22 Nursing



